



CONTEMPLATIVE PRACTICE ACROSS TRADITIONS

PANEL DISCUSSION EXPLORING THE TRANSFORMATIVE POWER OF
CONTEMPLATIVE PRACTICE

DATE **OCTOBER 21, SATURDAY**
TIME **3:00 – 5:00 P.M.**
LOCATION **GREAT HALL, PROTHRO BLDG., SMU CAMPUS**
5901 BISHOP BLVD. DALLAS TX 75205

Panelists:

| | |
|------------------------|--|
| Christiane Baud | Mindfulness Meditation |
| Sandy Guancial | Centering Prayer |
| Kay Lisch | Tibetan Buddhist Meditation (KTC) |
| Lee Ann Nail | Zen Meditation (Salem Zen Center) |
| Bobbie Perkins | Thich Nhat Hanh Tradition (DMC) |

(For Panelist bios: <https://www.mkzc.org/panelists-who-they-are>)

Sponsors: Perkins School of Theology Office of Spiritual Formation
Perkins School of Theology Office of External Programs
Maria Kannon Zen Center (Celebrating its 25th year!)

FOR MORE INFORMATION CONTACT: ZENHELP@MKZC.ORG TEL: 214.388.1122
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